



TRANSITION PLANNING CONVERSATION CHECKLIST FOR PARENTS

Listen to each other so you can understand and explore what's possible – have conversations, not just presentations!

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| ✓ Be Attentive | ✓ Be Curious | ✓ Be Creative |
| ✓ Be Interested | ✓ Be Patient | ✓ Be Realistic |

Schedule time to sit down together when you can focus. Create goals for the conversations so that you can stay on track. Have enough structure to make it work for you. Learn to adapt and be flexible, together.

TAKE INVENTORY

- ✓ Create a view of the family schedule for each family member and for the entire family
- ✓ Identify your goals and your needs – for yourself, as a parent team, and as a family
- ✓ Determine who needs to be where, when?

ASSESS YOUR SITUATION AND CREATE YOUR ROADMAP

- ✓ What are each of your expectations?
- ✓ How will you make decisions and share the load?
- ✓ How will you keep each other informed? How will decisions be made?

TALK ABOUT WHAT CAN BE DONE TO REDUCE OBSTACLES AND STAY ALIGNED

- ✓ What's possible? What's reasonable? What's practical?
- ✓ What can you do to coordinate better? What are your backup plans when things change?
- ✓ What are your supports? For the kids and for you—what is your plan when you, as parents, get stuck?

CHECK IN WITH EACH OTHER PERIODICALLY TO SEE HOW EVERYTHING IS GOING!